

Paul Konarek



- Joined the Sudbury Dolphin's in 2008.
- Became an ACUC Open Water Diver (#59754) January 2008.
- Became an ACUC Advanced Diver (ADV-19037), & Rescue Diver (RS-06567) in 2009.
- PADI certified Enriched Air (Nitrox) Diver in 2009 (PADI #0905CN7607).
- ACUC certified First Aid/CPR/Oxygen Provider in 2010.
- Elected as a member of the SDAC Board of Directors in 2008, and has been the Website Director from 2008 to present.

I've been with the Sudbury Dolphin Scuba Club since 2008. I've been a fish all of my life. Like many kids, I started swimming at my grandparent's camp, and would always freak my parents out with all the underwater swimming (or "Free diving") I did. My father was a Geography professor here at Laurentian, so I could use all of these facilities for free, and always came here whenever I could for both membership swimming times as well as public swimming times. Not to mention the gym upstairs and the Tennis courts outside. I then took all swimming courses available when I was young in the 60's and 70's and went through to Bronze Medallion and Bronze Cross training to become and serve as a Life Guard back in 1975. I was on my high-school swim team, and trained with the Laurentian swim team for a couple years. I also took diving lessons from Laurentian at this very pool back in the 70's.

As far as scuba goes - as seen above, I am now an Advanced diver and I am working on getting my Dive Master certification. I have additional training and certification as a Rescue Diver, and First Aid and CPR, as well as Enriched Air (or Nitrox) diver certification. I started trying scuba diving with Caribbean resort dive courses back in the mid 80's through late 90's, but never got full open water certification until I took this Sudbury Dolphin's Open Water Diver ACUC course back in 2008. I became a member of the Board of Executives in the fall of 2008, and have also been the Website Director from 2008 to present.